

# TRAVERSE BLOG'S

## *Semester at Sea*

# PACKING LIST

### CLOTHING & SHOES

- 8-12 TOPS
- 6-10 BOTTOMS
- 2-4 DRESSES
- 1-2 SWEATSHIRTS
- 14+ UNDERWEAR
- 5-7 SOCKS
- 1 RAINCOAT
- 1 WARM COAT
- 1 DRESSY OUTFIT
- 2-4 WORKOUT CLOTHES
- WATCH
- SUNGLASSES
- 1 HAT/SCARF/GLOVES
- 2-4 SWIMWEAR
- 1 POOL COVER UP
- 1-2 HATS
- 1 SLIPPERS
- 1 WALKING SHOE
- 1 CLOSE-TOED SHOE
- 1 SANDAL
- 1-2 OTHER SHOES

### TECHNOLOGY

- LAPTOP + CHARGER
- CAMERA + CHARGER
- PHONE + CHARGER
- EU POWER ADAPTER
- BLUETOOTH SPEAKER
- EXTERNAL HARD DRIVE
- USB THUMBDRIVES
- EXTRA MEMORY CARDS
- HDMI CORD + ADAPTER
- HEADPHONES

### DID YOU PACK YOUR PASSPORT + YELLOW FEVER CARD YET?

### TOLIETRIES + MEDICINE

- SEASICKNESS TREATMENT
- TOOTHBRUSH, TOOTHPASTE
- FLOSS
- SHAMPOO/CONDITIONER
- FACE + BODY WASHES
- DEODORANT
- FACE + BODY LOTIONS
- RAZOR + BLADE REFILLS
- HAIR PRODUCTS
- CONTACTS + GLASSES
- SUNSCREEN
- LAUNDRY DETERGENT
- MAKE-UP
- BUG SPRAY
- PADS + TAMPONS
- PRESCRIPTION MEDS
- MALARIA MEDS
- BLISTER BAND AIDS
- ADVIL + TYLENOL
- ALLERGY MEDS
- IMMUNE BOOSTERS
- PEPTO, ANTI-ACIDS + IMODIUM
- YEAST INFECTION MEDICATION

*Which Bag? Circle One!*



### EXTRAS

- AEROPRESS
- WATERBOTTLE
- SMOOTHIE/COLD DRINK MUG
- COFFEE/HOT DRINK MUG
- STAINLESS STEEL STRAW
- OVER-THE-DOOR HANGER
- DAY BAG
- BEACH TOWEL + BLANKET
- MAP
- TRAVEL ALARM CLOCK
- EAR PLUGS/EYE MASK
- TRINKETS TO GIVE AWAY
- FOREIGN CURRENCY
- SCHOOL SUPPLIES

**DON'T FORGET TO BRING YOUR FAVORITE SNACKS!**

